



PILATES MEMBERSHIP

STUDIO VENUE:

**Hervormerde Kerk,
34B Georgia Street, Horison**

Link on Google maps: <https://shorturl.at/fwCV1>

Mondays and Wednesdays:

16:00-16:45; 17:15-18:00

- Package 1: R495 per month two classes weekly
- Package 2: R450 per month senior citizens
- Package 3: R250 per month scholars (12-18yrs) *
- Package 4: R400 per month one class weekly

**Only offered if parent is a studio member*

PAYMENT:

Payments must made via EFT by the 7th of each month to pre-pay for the month's classes.

Note: new banking details:

Bank: FNB

Account Name: Better4Life Training and Development

Account Number: 62826328115

Branch Code: 250655

Reference: Initial and Surname + Pilates

(Example: C Jean Pilates)

No cash deposits accepted. If you prefer to pay cash, please make arrangements with us directly.

PRORATA-WAIVER:

For new members joining after the 10th of the month, payment is adjusted to R85 per class multiplied by the classes remaining for the month.

ONE-FULL MONTH NOTICE PERIOD:

We do not enforce 12-month membership contracts. However, we request a full calendar month notice period. Should you want to terminate your membership, a **1 month paid** notice period is required. For clients who spend periods longer than 1-month out of the country, a nominal fee of R150 per month is required to maintain membership. After termination, if a client wishes to return to the studio, a re-joining fee of R450 will be levied in addition to the month's membership.

Note: Selfies are not permitted in class.

CLASS CALENDAR:

Classes run the whole year round, except Easter and Christmas public holidays. Classes close for 2 weeks over December/January. This closure time is already paid for from months where there are 5 weeks and those classes are provided at no additional cost. Therefore, payment is required every month including December.

DRESS CODE:

Please be aware of others and wear pants that at least reach the knees and tops with a high neckline.

EQUIPMENT NEEDED:

- Exercise mat
- Big stability ball (65cm-75cm depending on height – please check with your instructor).
- Theraband (exercise band)
- 7-inch small ball (about 20cm)
- Magic circle

You can purchase your exercise mat, big stability ball and theraband immediately. The remaining equipment can be purchased within the month of joining.

Contact us if you need more details.

Please fill in and sign:

Full name/s of members joining:

Email: _____

Cell: _____

Class time: _____

Package: _____

Date: _____

Signature of agreement: _____

By signing this agreement, I hereby agree with and abide by all the terms and conditions laid out in this sign-up form to Better4life Pilates for my period of membership.